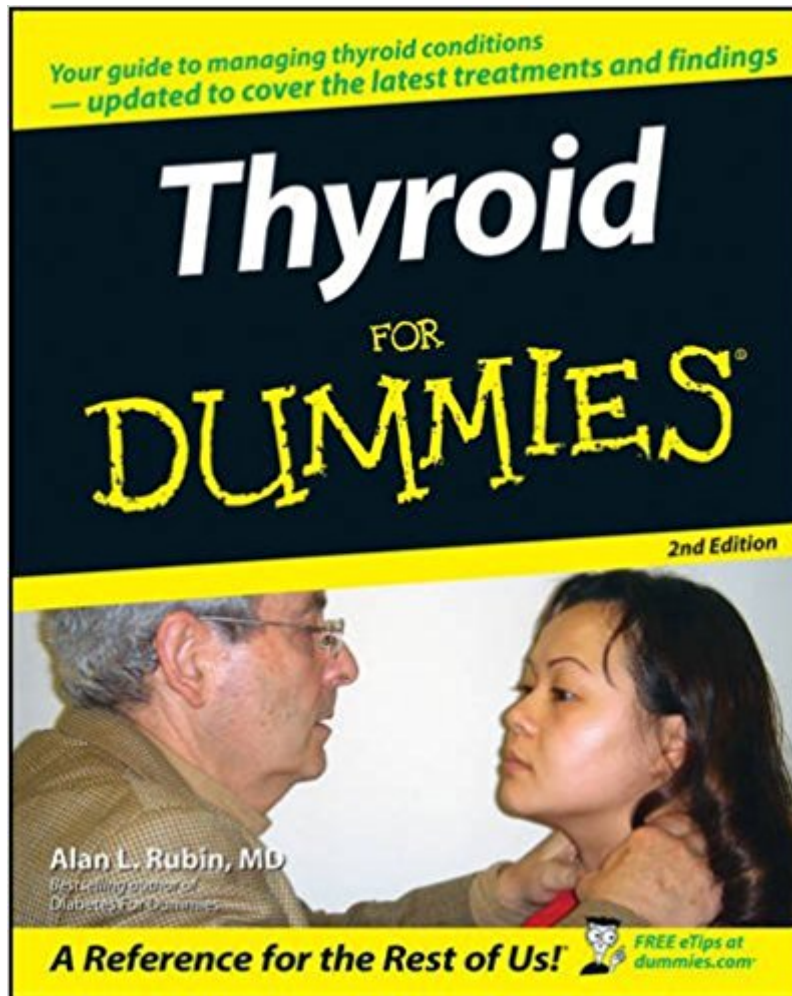




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Thyroid For Dummies



Synopsis

If you or a loved one has been diagnosed with a thyroid condition, you've probably found out at least a little about this mysterious gland—just enough to want to look for answers to the many questions that keep popping up in your mind. What causes this condition? How is it treated? What can you do to get healthy again? *Thyroid for Dummies*, 2nd Edition gives you the detailed information you're looking for on new methods for detecting thyroid disease in both adults and children, alternative treatments, pros and cons of powerful new drugs now on the market, advice for managing the disease through changes in exercise and diet, and much more. You'll discover:

- What the thyroid does
- How to identify a sick thyroid and recognize who's at risk
- Ways to find the right thyroid doctor
- How to cope with hypothyroidism in children
- The hereditary connection to thyroid disease
- How thyroid disease affects the elderly
- The effects of hyperthyroidism during pregnancy
- How to decide if surgery is necessary
- Ten myths about thyroid health

Updated to address advances made since the first edition, including the latest thinking on understanding thyroid disease's connection to depression and mania, *Thyroid for Dummies*, 2nd Edition will tell you everything you need to know about how the thyroid functions, what makes it malfunction, and what to do when a problem occurs.

Book Information

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Customer Reviews

Find out how to understand thyroid test results Get the latest on thyroid disorders and treatments and get better! Your thyroid is a little gland that can have a big impact on your health. Now updated to cover the latest research findings, drugs, and tests, this authoritative guide describes

what can go wrong — from hypo- and hyperthyroidism to nodules and cancer — and explains how to get a thyroid problem under control. Praise for Thyroid For Dummies

“Thyroid For Dummies meets a critical need for a user-friendly reference for patients with thyroid disease. Dr. Rubin has succeeded in making this concise volume both readable and comprehensive, and I anticipate enthusiastically recommending it to my own patients.”

Dr. Leonard Wartofsky, MACP, Chairman, Department of Medicine, The Washington Hospital Center

Discover how to: Identify the signs and symptoms of thyroid disorders Find an experienced thyroid doctor Choose among different treatment options Avoid drug interactions Maximize thyroid health Get Smart! www.dummies.com Find listings of all our books Choose from many different subject categories Sign up for eTips at etips.dummies.com

I like the information Dr. Rubin explains in here. I am learning more about the Thyroid because of it's connection to diabetes. If you need more information about thyroid this is a great book.

Great super easy to understand now I know what to do to help my thyroid work better

Everything I was looking for.

Great book answered all my questions as usual Dummy books are plain English with ability for everyone to get correct answers and in this case be able to ask intelligent questions to my doctor Highly recommend.

Great reading book I learned a lot from it had my thyroid out and wanted to learn more about it, would recommend.

I feel sorry for patients who were and are still being bullied into RAI treatment simply due to physician ignorance. I'm surprised our good Dr. Rubin is not shunned. God bless!

Very helpful and informative.

I was hoping to learn more about thyroid nodules but it sounds like there isn't much to learn. Not really the book's fault. Otherwise, it was informative.

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